

What are Skin Peels?



A skin peel is considered as one of the least invasive ways to improve the appearance of your skin. Typically applied to the face, a peel enhances and smoothes the texture of the skin to remove the damaged outer layers.

Skin peels are an effective treatment for wrinkles, facial blemishes, uneven skin pigmentation etc. Peels have grown in popularity because they offer near immediate results. How much skin they remove and how deep they penetrate will depend on the type of peel used, its strength and how long its left on the skin.

What is the history of a Skin Peel

Skin peels have been used for centuries. Cleopatra was known to have bathed in sour milk (lactic acid) a component found in some skin peels. Polynesians and Caribbean's were known to have used acids derived from sugar cane (glycolic acid).

What is the purpose of a Skin Peel

The main aim of peeling is to visibly improve the structure of the skin. This can be achieved by merely accelerating the natural process of exfoliation, by destroying layers of the epidermis and/or dermis.

How Skin Peels Work

AHA's and BHA's create a chemical reaction on the skin. During this process the PH of your skin temporarily changes from slightly acidic to very acidic. The application of a neutralizer brings the PH if the skin back to 4.5-6 and stops the tingling sensation.

There are three types of peel:

- ♥ Superficial
- ♥ Medium
- ♥ Deep – Medical Practitioner only



Before

After – 6 weeks

Who can have a Skin Peel?

Peels do not suit everybody. Before commencing treatment, we would recommend a 24-hour patch test. A full consultation will be given.

Commonly used peeling agents

Glycolic Acid – Derived from natural sugar cane, Glycolic is one of the most commonly used peeling agents. Formulated in strengths up to 50%. Anything over 40% should be administered by a medical practitioner only.

Salicylic Acid – Beta Hydroxy Acid – more oil soluble so can penetrate deeper into pores to remove blackheads.

Lactic Acid – Alpha Hydroxy Acid, naturally hydrating, tends to be gentler than other AHA's.

There are many more available and widely used in the beauty industry. We use Glycolic Acid at I Love... Beauty Co. as we feel this keeps in line with our ethos of natural ingredients.

Alongside our skin peel treatments, we also offer retail products to maintain your beauty regime at home.

What are the benefits?

- ♥ Non-invasive
- ♥ Treat fine lines, pigmentation & acne
- ♥ Improve overall skin tone and texture
- ♥ Removes the epidermis to visibly improve the structure of the skin
- ♥ Increases cell turnover
- ♥ Can be used to treat acne scarring
- ♥ Reduces the appearance of sun damage, with regular treatment
- ♥ Improves skin texture
- ♥ Skin appears brighter and more radiant
- ♥ Stimulates the growth of healthy skin cells and collagen
- ♥ Can help with acne (the peel penetrates to unclog pores while also eroding blackheads etc.)
- ♥ Helps treat oily skin – regulates sebum production
- ♥ Helps treat dry skin – removes surface dead skin, allows for deeper product penetration
- ♥ All peels used are non-toxic

Express Skin Peel Facial (30 mins) £40.00

After a consultation, we will commence with a deep cleanse followed by the skin peel procedure. Application of our cool and calming gel mask. Your facial will be completed with your recommended moisturiser and skin protection.

Signature Skin Peel Facial (60 mins) £55.00

After a consultation, we will commence with a deep cleanse followed by the skin peel procedure. Application of our cool and calming gel mask. Anti-aging facial massage. Your facial will be completed with your recommended moisturiser and skin protection.

10% discount on course of 4 (payment in advance).

Please note this therapy is **NOT** suitable for skin with live acne, cuts or abrasions.

We are happy to discuss this beforehand.



Skin Peel Facial

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